

ENCOURAGE

“...let us consider how we may spur one another on toward love and good deeds...”
Hebrews 10:24

March 2026

#liveoutward



CHALLENGE: Speak words of encouragement to someone who needs it

MONTHLY CHALLENGE:

Each week in March, be intentional about speaking words of encouragement to someone who needs it. Whether in person or over a phone call, take a moment to lift them up with kindness and compassion. Pray that God would open your eyes to see those who are hurting, give you the right words at the right time, and create meaningful opportunities to reflect His love through encouragement to those who don't have a relationship with God.

INSPIRATION:

- Encouragement fits into everyday life. A quick text, a hallway conversation, or a two-minute phone call won't take long and can make a real difference.
- You don't need the perfect words. Keep it simple and specific: "I'm grateful for you," "I noticed how hard you worked," or "You handled that well."
- Make it personal. Instead of a vague compliment, mention one concrete thing you appreciate. Specific encouragement sticks.
- Pray as you go. Ask God each week, "Who needs to hear something life-giving from me?" Then take the small step to follow through.

I'M PRAYING FOR:

- 1.
- 2.
- 3.
- 4.
- 5.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1	1	2	3	4	5	6	7
	Week 1: Encourage a family member or friend						
WEEK 2	8	9	10	11	12	13	14
	Week 2: Encourage a coworker or classmate						
WEEK 3	15	16	17	18	19	20	21
	Week 3: Encourage a neighbor or someone who lives nearby						
WEEK 4	22 29	23 30	24 31	25	26	27	28
	Week 4: Encourage someone in your community						

INSPIRATION

- **Be active in prayer** - Ask God to bring people to mind who need encouragement.
- **Make a list** - Write down five people you want to intentionally encourage this month.
- **Speak up in the moment** - If you think something kind, say it. Don't hold back!
- **Encourage someone publicly** - Whether in a meeting, group setting, or social media post, recognize someone's impact. Be brave as well as encouraging!
- **Follow up** - If someone is going through a hard time, check back in and remind them they're not alone. Make encouragement a habit and check in often!

Use the space in the calendar to notate to whom and when you encouraged that week. You can use this as an accountability tool for yourself as well as a way to look back on your year of #LiveOutward. If you need help learning how to share your faith in Jesus, text **SHARE** to **89449**.